

## Educator Packet for A Day in the Life of the Hudson & Harbor

Event Date \_\_\_\_\_ Year \_\_\_\_\_

<http://www.ldeo.columbia.edu/dayinthelife>

The Packet is designed for educators & teachers with information on a range of data gathering activities that are a part of A Day in the Life of the Hudson River. Any combination of these activities can be completed as part of the day's events. Additional activities are available on the Day in the Life website. Student data recording sheets are available on the website.

Please be sure to submit your results to Margie Turrin e-mail [mkt@ldeo.columbia.edu](mailto:mkt@ldeo.columbia.edu) or 845-365-8156 (fax) within 24-48 hours of collection! Questions? 845-365-8494.

**PLEASE BE SURE TO RECORD TIME & UNITS OF MEASURE FOR EACH SAMPLING  
ITEM SO THAT COMPARISONS CAN BE MADE THROUGHOUT THE RIVER**

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### Site Background Information.

- Coordinator/contact person \_\_\_\_\_  
 Organization \_\_\_\_\_  
 Street \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 phone \_\_\_\_\_ fax \_\_\_\_\_ email \_\_\_\_\_
- School/group name \_\_\_\_\_ District \_\_\_\_\_  
 Name of teacher/group leader \_\_\_\_\_  
 Street \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 phone \_\_\_\_\_ fax \_\_\_\_\_ email \_\_\_\_\_  
 Number of student participants \_\_\_\_\_ grade level/age \_\_\_\_\_ Number of Adults \_\_\_\_\_
- Please tell us where you are sampling. Be as specific as possible. (Example: swimming beach, Kingston Point, City of Kingston, Ulster County.)
- Using the map included with your packet, give your location along the Hudson estuary in river

miles. (The Battery at the southern tip of Manhattan is River Mile 0; the Federal Dam at Troy is River Mile 153.)

River mile \_\_\_\_\_

If you have a way to determine the latitude and longitude of your site, enter that data here.

GPS Latitude \_\_\_\_\_ Longitude \_\_\_\_\_

### Activity I - Tides and currents

**TIDES:** The tide is the up and down motion of the water, the rising & falling. Measuring tide.

**Simple Measure:** *At a beach* use two slender, strong sticks as tide markers. At the start, place one stick at the water's edge. Push it deep into the ground or pile rocks at its base to hold it in place. Every 15 or 30 minutes check your marker. If the level has changed, place the second stick to mark the new position of the water's edge on a beach so through time you see the total change. Record on your sheet the water level as rising, falling, or unchanged. *Pier or bulkhead* choose a distinct, immovable feature on or near the bulkhead to see whether the water level is rising or falling. If there are waves, use your judgment in deciding where the water's edge/surface is. Record on your sheet the water level as rising, falling, or unchanged.

**Intermediate Measure: Tide Stick Method** - Use a dowel marked in 10cm increments to set firmly in the sediment in the water. Have the students record the water level once the marker is set (record in column 3). **OR on a Pier** - use a tape measure to measure from the dock to the water surface. Mark your location so it is the same place each time. **FOR BOTH METHODS** every 15 to 30 minutes check re-measure and record so that a total tidal change can be calculated over a total time available for the activity. NOTE: measuring down to the water means the distance will get smaller as the tide rises where as measuring on a tide stick the measure will get higher. Be sure you talk through this with students so you are sure they understand and include if the tide is Rising (flooding)/Slack/Falling (ebb)

**Extra Activity:** If your students have time at this station they can calculate how quickly the tide is rising or falling by dividing the change in height by the time between recordings. Think of the basic definition of speed as distance traveled divided by the time of travel. Calculation: Subtract the time from prior reading from the time of this reading for 'time of travel' (or time elapsed). Next calculate the change in height from your prior reading (for the distance traveled) by subtracting these two numbers. Now divide the change in height by the time elapsed. This is the rate (speed) of tidal change (column 4)

TIDES			
Time	Rising, Falling, Unchanged	Height in cm (if recording)	Rate of Tidal Change (cm/min)

**CURRENTS:** Currents are the internal movement in the water sometimes described as a push and pull in the water. In the Hudson the currents are controlled by the tides. After recording the tide level, determine the direction of the current. Use an orange (our preference) or a solid stick (large enough so the wind can't easily push it), toss it as far as you can out into the main current of the river. Note which direction it moves. The current moving downriver towards the sea is called the ebb; the current moving upriver is the flood. Don't confuse the direction of surface waves with the direction of the current; waves are wind driven and currents are tidally driven.

**Basic Measure:** Every student rotation or every hour toss an orange (or stick) as far out into the water as you can. Record the direction of travel as North (towards Albany) or South (towards the Atlantic) in column 5. Next record incoming as Ebb, outgoing as Flood, or if there is no movement record it as Slack in column 6.

**Intermediate Measure:** For a more exact measure you can calculate the speed (distance traveled divided by time traveled) by using a tape and a stopwatch to measure how fast the current is moving. Do predictions with the students – what way do they predict the current is moving. Toss the stick or orange into the water at a middle point (use a student to align with the start). Place two other students at a distance from the toss point (one each side) and have them hold up a clipboard or binder to block their vision of the toss of the orange. Begin the stopwatch when the orange/stick hits the water. Orange will go north or south and will pass one of the end point students who yells STOP when they see it. Stopwatch is stopped. Now have your students measure the distance between the start student and the ending point student with a measuring tape. Record this in column 2. Calculate distance per second by dividing the total distance by total seconds. Record in column 3.

**Extra Activity: Calculate KNOTS:** If your students want to calculate the rate of travel in knots use the distance in cm for 60 seconds to compute this. Let's think this through. 1 kt. = 6076 ft. per hr. But we have cm so we need to convert ft. to cm. 1 ft. = 30.48 cm. so multiple these two to compute cm/hr or 185196.5 cm/hr. Now divide by 60 for cm per minute (3086.6 cm/min.) now by 60 again for cm/sec. What you find is that 1 kt = 51.44 cm/sec.

SO to compute Knots from cm/sec use the following equation:

kts = cm/sec divided by 51.4. Record this as knots in fourth column over.

**Example: If the stick traveled 63 cms in 30 seconds divide  $63/30 = 2$  cm sec.  $/51.4 = .04$  kts.**

CURRENT					
Time	Cm/30 sec	Cm/sec	Knots (cm/sec)/51.4	North/ South	Ebb/Flood/Still (E/F/S)

Note if there is anything about the river or shoreline here that may cause the current near shore to flow in a different direction than the current out in the middle of the Hudson (a protected embayment, a pier jutting out causing an unusual swirling)?

DATA FROM THE MAIN CHANNEL IS THE BEST DATA TO RECORD SO PLEASE BE ALERT TO DIFFERENCES THAT MIGHT EXIST AND MAKE A NOTE.

## Activity II – Weather and Wind

Weather and wind are important pieces of physical data that help to provide context for the other data. Weather includes current conditions and conditions over the last few days that may have an impact on the data you collect today (such as rain, extremely hot or cold weather).

Wind levels can increase choppiness in the water thus adding oxygen and increasing levels of oxygen saturation. Wind can also affect movement on the top of the water surface which may make assessing currents difficult.

1. Record weather conditions at the start of sampling. Record changes every hour if possible.

a. Time \_\_\_\_\_ Air temperature \_\_\_\_\_ °F \_\_\_\_\_ °C

b. Time \_\_\_\_\_ Air temperature \_\_\_\_\_ °F \_\_\_\_\_ °C

Cloud cover (check one) clear \_\_\_\_\_ partly cloudy \_\_\_\_\_ mostly cloudy \_\_\_\_\_ overcast \_\_\_\_\_

Any precipitation? \_\_\_\_\_ How much? \_\_\_\_\_

If the weather changes over the time you are sampling, please note that here.

Briefly describe the weather for the last three days. Any rain, wind, or unusual temperatures?

2. Wind speed:

(PLEASE REFER TO BEAUFORT CHART ON PAGES 4-5)

Using the Beaufort chart record the FIRST COLUMN as Beaufort FORCE \_\_\_\_\_.

Optional additional information to record \_\_\_\_\_ kts. and/or \_\_\_\_\_ mph

Using an anemometer to record wind record \_\_\_\_\_. (Be sure to record as kts ,or mph (kts preferred)








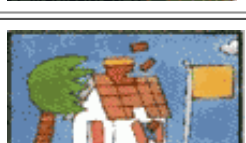
Record wind direction as the direction the wind is coming (blowing) **from**. Face straight into the wind until it hits your face evenly – the direction you are looking is the wind direction \_\_\_\_\_

Water Choppy \_\_\_\_\_ Water Calm \_\_\_\_\_

# STORMFAX® WEATHER ALMANAC

## Beaufort Wind Scale

*Devised by British Rear-Admiral, Sir Francis Beaufort in 1805  
based on observations of the effects of the wind*

Beaufort number (force)	Wind Speed		Wave height (feet)	WMO* description	Effects observed on the sea	Effects observed on land
	knots	mph				
0	under 1	under 1	-	<b>Calm</b>	Sea is like a mirror	
1	1 - 3	1 - 3	0.25	<b>Light air</b>	Ripples with appearance of scales; no foam crests	
2	4 - 6	4 - 7	0.5 - 1	<b>Light breeze</b>	Small wavelets; crests of glassy appearance, not breaking	
3	7 - 10	8 - 12	2 - 3	<b>Gentle breeze</b>	Large wavelets; crests begin to break; scattered whitecaps	
4	11-16	13-18	3½ - 5	<b>Moderate breeze</b>	Small waves, becoming longer; numerous whitecaps	
5	17-21	19-24	6 - 8	<b>Fresh breeze</b>	Moderate waves, taking longer form; many whitecaps; some spray	
6	22-27	25-31	9½-13	<b>Strong breeze</b>	Larger waves forming; whitecaps everywhere; more spray	
7	28-33	32-38	13½-19	<b>Near gale</b>	Sea heaps up; white foam from breaking waves begins to be blown in streaks	

### Activity III - The Environment at the Sampling Site

In completing the physical survey of your sample site please include a 200 ft. segment extending up and downriver from your sampling site (your site bisects the segment). Sketch a map of your sampling site on the next page and answer the following questions. If available, use a digital camera to photograph your site.

1. Using the list below describe the land at your site. Is it forested? Open and grassy? A parking lot? Used by people for picnics, launching boats, fishing, swimming, or other activities?

**Surrounding Land Use:**

Estimated % urban/residential \_\_\_\_\_  
Estimated % Forested \_\_\_\_\_  
Estimated % Beach \_\_\_\_\_  
Estimated % Industrial/Commercial \_\_\_\_\_  
Estimated % Other (specify) \_\_\_\_\_

2. Describe the shoreline. Is it a beach? A marsh? Is it sandy, muddy, or rocky? Is it lined with bulkheading - wooden timbers or metal plates that hold the shore in place? Has riprap (a line of large rocks) been piled along the shore? Do any pipes discharge into the river here?

DESCRIBE & USE CHECK FORM:

SHORELINE APPEARANCE: CHECK ALL THAT APPLY			
Beach area <input type="checkbox"/>	Pier <input type="checkbox"/>	Shore with Bulkhead (wood timbers/metal plates) <input type="checkbox"/>	Shoreline RipRap (large rocks) <input type="checkbox"/>
Covered with vegetation <input type="checkbox"/>	Debris in the Area such as broken concrete, docking <input type="checkbox"/>	Piping entering the river - (size) (North or South or sampling site & estimate distance) <input type="checkbox"/>	Brick Pieces <input type="checkbox"/> Charcoal <input type="checkbox"/> Slag <input type="checkbox"/>

3. Describe the water area in which you are sampling. Water Depth? \_\_\_\_\_ (list units of measure)

4. River Bottom Type - Is the bottom sandy, muddy, weedy, or rocky

5. Plants provide fish habitat, filter out sediments and nutrients, and can assist with oxygen exchange in the water. Water chestnut REMOVES oxygen from under its beds while water celery adds oxygen to the water when it is photosynthesizing. Use the *Hudson River Field Guide to Plants of Freshwater Tidal Wetlands* to identify any plants you find growing in the water. List them here.

Are there plants growing in or on the water? \_\_\_\_\_ Do they cover more than half of the area you are sampling? \_\_\_\_\_ Less than half? \_\_\_\_\_

***What percent of your entire sampling area is covered with plants in the water? \_\_\_\_\_***

***Check if present and list estimated percentage of the total plant population for each plant:***

**Tidal Shallows:**

Water Milfoils \_\_\_\_\_ % vegetation \_\_\_\_\_

Water Celery \_\_\_\_\_ % vegetation \_\_\_\_\_

Water Chestnut \_\_\_\_\_ % vegetation \_\_\_\_\_

Other \_\_\_\_\_ % vegetation \_\_\_\_\_

**Tidal Marshes:**

Arrow Arum \_\_\_\_\_ % vegetation \_\_\_\_\_

Arrowhead \_\_\_\_\_ % vegetation \_\_\_\_\_

Big Cordgrass \_\_\_\_\_ % vegetation \_\_\_\_\_

Broad leaved Cattail \_\_\_\_\_ % vegetation \_\_\_\_\_

Bur-reed \_\_\_\_\_ % vegetation \_\_\_\_\_

Golden Club \_\_\_\_\_ % vegetation \_\_\_\_\_

Jewelweed \_\_\_\_\_ % vegetation \_\_\_\_\_

Mud Wort \_\_\_\_\_ % vegetation \_\_\_\_\_

Narrow-leaved Cattail \_\_\_\_\_ % vegetation \_\_\_\_\_

Pickerelweed \_\_\_\_\_ % vegetation \_\_\_\_\_

Phragmites /Common Reed \_\_\_\_\_ % vegetation \_\_\_\_\_

Purple Loosestrife \_\_\_\_\_ % vegetation \_\_\_\_\_

Reed Grass \_\_\_\_\_ % vegetation \_\_\_\_\_

Saltwater Cordgrass \_\_\_\_\_ % vegetation \_\_\_\_\_

Spatterdock \_\_\_\_\_ % vegetation \_\_\_\_\_

Swamp Rose-Mallow \_\_\_\_\_ % vegetation \_\_\_\_\_

Sweet Flag \_\_\_\_\_ % vegetation \_\_\_\_\_

Wildrice \_\_\_\_\_ % vegetation \_\_\_\_\_

Yellow Flag \_\_\_\_\_ % vegetation \_\_\_\_\_

Yellow Pond Lily \_\_\_\_\_ % vegetation \_\_\_\_\_

OTHER \_\_\_\_\_ % Vegetation \_\_\_\_\_

**Activity IV - Sketch Map of the Sampling Site**

Include a compass rose (N, S, E, W) and rough scale. Label landmarks or notable features. Indicate specific locations where you sampled.

## Activity V - Other Physical Factors

### 1. **Water temperature**

Water temperature is important for understand the amount of dissolved oxygen the water can hold, and for the fish communities that will use the area. Students will better understand Fahrenheit temperatures, but in science it is important to become familiar with Celsius, so if possible, record water temperature in BOTH degrees Celsius and degrees Fahrenheit. Have them look at the comparison between the two. If you don't have both °C and °F thermometers, students can convert between the two using the following formulas:

$$^{\circ}\text{C} = 0.556 \times (^{\circ}\text{F} - 32)$$

$$^{\circ}\text{F} = (1.8 \times ^{\circ}\text{C}) + 32$$

It is best to take the water temperature several times in succession and then average. Over the day, you might want to see if there's any change, especially in shallow water and backwater areas, which may show more variation through the day due to sunlight, tide or current changes.

Time	Reading 1	Reading 2	Reading 3	Average
_____	°F _____	_____	_____	_____
	°C _____	_____	_____	_____
_____	°F _____	_____	_____	_____
	°C _____	_____	_____	_____
_____	°F _____	_____	_____	_____
	°C _____	_____	_____	_____
_____	°F _____	_____	_____	_____
	°C _____	_____	_____	_____

### 2. **Turbidity**

Turbidity is water clarity, an important feature of an estuary. In the Hudson River turbidity is made up of small bits of plankton, pieces of detritus or decomposing plant and animal matter, salt and suspended bits of sediment. Different techniques for determining turbidity use different units of measurement. Be sure to enter data on the correct line for the technique you use. Repeat several times in succession and average the results.

	Time	Reading 1	Reading 2	Reading 3	Average
secchi disk _____		_____	_____	_____	_____ feet or cm
short site tube _____		_____	_____	_____	_____ JTUs
long sight tube _____		_____	_____	_____	_____ cm/meters
turbidimeter _____		_____	_____	_____	_____ NTUs



## Activity IIV – Sediment Sampling

**\*Use the Step-By-Step directions sheet provided online on the resources page**

<http://www.ldeo.columbia.edu/edu/k12/snapshotday/Resources.html>

### **Background Information:**

- **The sediments in the core represent a period of time.** The material at the bottom is older than the material on the top. This is an important principle of geology and much of Earth Science called ‘superposition’.
- If material has been accumulating steadily, a sediment core will contain a record of the material transported by the river through time.
- One of the challenges faced by scientists who study sediment cores is determining the length of time represented by the sediments core. You can not tell how many years your core represents by simply looking at it. The amount of time represented by your core will vary depending on the specific place and processes of the river in each area. In sections with high deposition it could represent a very short amount of time (days to a year), while in other areas it could represent a much longer time (10s to 100s of years or longer).
- What you can tell from looking at a core is whether the color changes over the length of the core. You will note the color of the sediments at the very top of the core. If the color is light brown, this is an indication that the surface sediments are oxidized (in contact with oxygen in the water). The oxidized section is the top represents an unconsolidated recent deposition. You will measure this and record it to determine how active the deposition is in your area. Usually, the sediments change to a darker color below the oxidized layer, this is called anoxic (no oxygen) or reducing. It usually means that these sediments have been out of contact with the oxygen in the river water and are older. Often this section will have a sulfur smell noting bacterial decomposition. Extrude your core, then measure and record each section. Complete the core assessment sheet as you observe and describe it. Note anything else that you think is significant. Are there other visible layers? Color changes?
- **X-Ray Fluorescence (XRF) Spectrometer– What does this mean? Once you collect your core and describe it you will be sending one to Lamont for X-Ray Fluorescence.** This is done with a piece of equipment that can measure lead and other metal concentrations in the sediments. We focus on lead since it can be used as an indicator of time. There is a natural background reading of lead in the river (approx. 20ppm) but human (anthropogenic) influences such as early 20<sup>th</sup> century industry, leaded gas etc. have caused an increase in that level. Using the XRF we can look at what the readings of various metals are in different areas of the river. This information will be generated at Lamont and the results provided back to the group. The hope is to use this information to roughly constrain (locate the probably range) the age of sediments you collect. A straightforward interpretation of this data is that low levels of lead similar to natural background would indicate sediments that are older than (deposited prior to) approximately 1900, while sediments containing lead at levels elevated above the natural background would indicate sediments that are younger or deposited as part of industrialization.
- **Collect a sample for back in the classroom.** Collect and bag a sample to take back and analyze in the classroom to look at the history of the sediment in the river. See classroom activity sheet called “The sediments in our river”.

**SEDIMENT SAMPLING** – push cores were distributed to a group of our participating stations for this process. If you don't have a corer you can skip this activity. Prior to sampling (i.e., before the bag gets wet), please use a permanent marker and label bag with the following information:

- **Date – River Site –River Mile**
- **Example:**
- **100809\_PP\_25 (for Piermont Pier)**
- 
- You will be taking a core to examine and describe with your group using the form on the next page. Once the description is complete scoop the pieces into a Ziploc bag and return it to Lamont-Doherty Earth Observatory for X-Ray Fluorescence analysis (this will be picked up with your chlorophyll sample). The core will be homogenized for sampling so do not worry about squishing the sample.

**DISCUSSION:** Once you have the core for group analysis use the sheet that is in your protocols to look through and analyze it with the group. Discuss how any unusual items might have ended up in the river and the role they play there.

(**Note** if the area you are coring is primarily sand the corer may not work and the sand may fall out when you lift the corer from the water. In this case if you would still like to examine the bottom of the river with your students you might be able to slide a flat piece of something under the base of the corer and still extract a sample to look at. If that isn't possible, consider using a jar to scoop out a section trying to obtain a sample that goes down 3-4 inches. The same activities can be completed with this type of sample. When you bag your sample please note it was not obtained with the corer.)

## DAY in the LIFE PUSH CORE SEDIMENT LOG

GRAB ID#	Site Name	DATE	FORM COMPLETED BY:		
			GROUP #		
TIME	LATITUDE	LONGITUDE	WATER DEPTH	LOCATION	
	Yes	No			Descriptors - Please note additional observations
H <sub>2</sub> S smell					H <sub>2</sub> S smells of rotten eggs, suggesting anaerobic bacteria
Oil					Oil creates a slight smell, a slickness and a sheen
Oxidized top*					*oxidation (reaction with oxygen) creates a distinctly lighter colored layer of sediment.
					estimate dimensions of oxidized layer, etc. and draw below
	Absent	Rare	Common	Abundant	Additional Comments
Clay					very fine material - grey color & rich dense feel
Mud					smooth feel between fingers - brown color
Sand					gritty feeling between fingers
Gravel					pea sized pieces of stone
Pebbles					pieces of stone larger than pea
Leaves					
Wood					
Shells Oysters (dead/alive?)					
Freshwater mussels (except zebra)					
Zebra mussels					
macroinvertebrates					
Brick					
Coal					
Slag					industrial byproduct - chunky look, light, air filled
Living vegetation:					
Length of Core:					Length of Oxidized core top (if present):
If Bagged - Number On Core Collection Bag					
Sketch of your core below with measurements for each section & total core (be sure to label the top and bottom):					
<div style="display: flex; justify-content: space-between; width: 100%;"> <span>&lt;--BOTTOM</span> <span>TOP --&gt;</span> </div>					

## ACTIVITY VIII - Chemical Measurements

### 1. pH

**pH has no units listed with it. Neutral Range is 7**

A measure of the acidity of an area. Repeat several times in succession and average the results.

Time	Reading 1	Reading 2	Reading 3	Average
------	-----------	-----------	-----------	---------

_____	_____	_____	_____	_____
-------	-------	-------	-------	-------

How was it determined? (check one)

litmus paper\_\_\_\_ pH strip\_\_\_\_ indicator solution\_\_\_\_ meter\_\_\_\_ pH pen\_\_\_\_ other\_\_\_\_

### 2. Salinity

Different instruments measure salinity as 'total salts', or 'chloride' (a fraction of total salts) or even conductivity. Therefore it is essential that you mark down what instrument you use to measure the salinity. In freshwater parts of the river, the units of measurement may be parts per million (ppm) or milligrams per liter (mg/l), which are equivalent. The quantabs we use are ppm Cl<sup>-</sup> and not total salinity so please record them that way.

One ppm is like		
One second in 11.5 days	One minute in two years,	One cent in \$10,000

In saltier parts of the estuary, you may also see measurements expressed in parts per thousand (ppt); one part per thousand equals 1000 mg/l. In the fresher parts of the estuary background levels are measured as Cl<sup>-</sup> a part of total salinity. in is typically 20 - 30 mg/l (.020 - .030 ppt). In the seawater of the open Atlantic Ocean, Cl<sup>-</sup> concentration is roughly 35,000 mg/l (35 ppt).

Repeat several times in succession and average the results. Specify the units of measurement.

Time	Reading 1	Reading 2	Reading 3	Average	Units
------	-----------	-----------	-----------	---------	-------

_____	_____	_____	_____	_____	_____
-------	-------	-------	-------	-------	-------

How was it determined? (check one)

refractometer\_\_\_\_ hydrometer\_\_\_\_ quantab strips\_\_\_\_ meter\_\_\_\_ drop count test kit\_\_\_\_

(If reading conductivity please record with appropriate unit uS/cm (microsiemens) or mS/cm (milliseimens and then convert to salinity if you have that ability)

### 3. Dissolved oxygen.

The amount of dissolved oxygen (DO) in a river is one of the most important factors determining its health. Many variables influence DO, including temperature, time of day, presence of plants, and wind conditions. DO measurements are given in mg/l and as percent saturation. At 100% saturation, water of a given temperature cannot hold more DO. If more is added - by wind or turbulence, saturation may temporarily exceed 100%, but in this case oxygen will diffuse from the water into the air. Saturation levels below 100% are not necessarily the result of pollution. At night, when plants aren't producing oxygen through photosynthesis, saturation may fall below 100% as living things use up the available DO.

time	temperature in °C	DO (mg/l)	% saturation
_____	_____	_____	_____

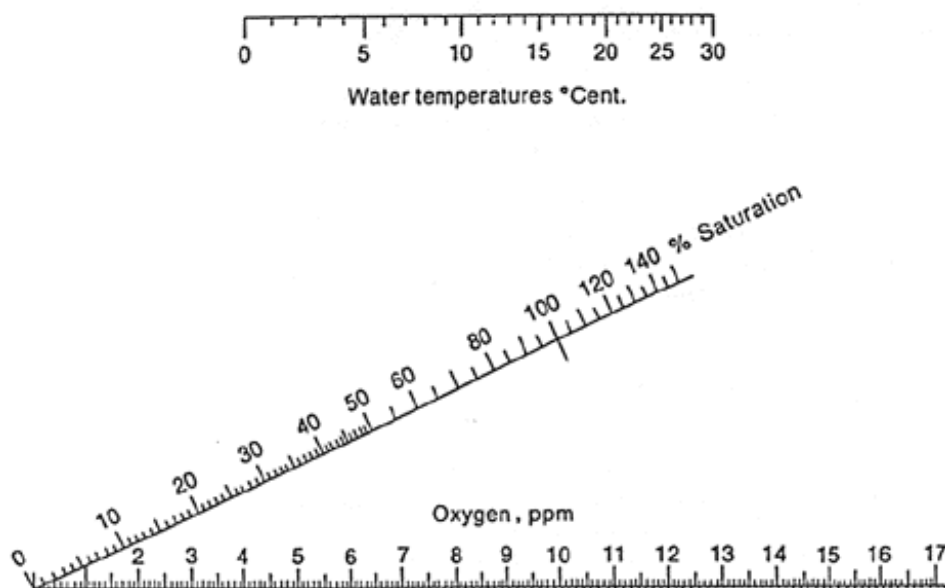
How was it determined? (check one)

Drop count test kits \_\_\_\_\_ ampules \_\_\_\_\_ digital titrator \_\_\_\_\_ meter \_\_\_\_\_ other \_\_\_\_\_

## DETERMINING PERCENT SATURATION THE "QUICK AND EASY" METHOD

Source of chart: <http://waterontheweb.org/under/waterquality/oxygen.html>

For a quick and easy determination of the percent saturation value for dissolved oxygen at a given temperature, use the saturation chart above. Pair up the mg/l of dissolved oxygen you measured and the temperature of the water in degrees C. Draw a straight line between the water temperature and the mg/l of dissolved oxygen. The percent saturation is the value where the line intercepts the saturation scale. Waterways with a saturation value of 90% or above are considered healthy.



## ADDITIONAL CHEMICAL TESTS IF DESIRED

The following tests typically require more complex methods than those described above. There is no requirement to do these, but if you have the equipment and ability, the data would be welcome.

### 4. Nitrates.

Nitrate ( $\text{NO}_3^-$ ) is relatively plentiful in freshwater ecosystems but less so in saltwater ecosystems, where it is typically the limiting nutrient.

Repeat several times in succession and average the results.

Time	Reading 1	Reading 2	Reading 3	Average	
_____	_____	_____	_____	_____	$\text{NO}_3^-$ (mg/l)

## 5. Phosphate

Phosphate ( $\text{PO}_4^{-3}$ ) is usually the nutrient least available in freshwater ecosystems.

Repeat several times in succession and average the results.

Time	Reading 1	Reading 2	Reading 3	Average
_____	_____	_____	_____	_____ $\text{PO}_4^{-3}$ mg/l

## 6. Alkalinity

Alkalinity is a measure of water's ability to neutralize acids such as those that might be found in acid precipitation. Don't confuse it with pH. pH measures how strongly acidic or alkaline the water is; the alkalinity test determines the concentration of alkaline compounds in the water – or water hardness. In pure water small amounts of acid or alkaline substances will cause dramatic shifts in pH – however with the addition of small particles of water hardness substances in the system causes a buffering that absorbs or soaks up small changes to the system.

Alkalinity results are given in mg/l of calcium carbonate ( $\text{CaCO}_3$ ).

Repeat several times in succession and average the results.

Time	Reading 1	Reading 2	Reading 3	Average
_____	_____	_____	_____	_____ $\text{CaCO}_3$ mg/l

## Activity IX - Fish & Macroinvertebrates

The data section below is set up for fish and invertebrates such as crabs and crayfish that are easily visible without magnification. This sheet can be adapted if you plan to capture and study plankton. If making repeated collections, record data for each haul and then add the catch totals together. If you have trouble identifying organisms to the species level, list them at the most specific level of classification possible. Young of the year herring - alewife, blue-back herring, and American shad - look very similar to one another, as do very young sunfish. Group them together as herring or sunfish. Measure the **largest** individual of each species. It will not be possible to tell males from females for most of what you catch, but for a few - blue crabs for instance - it is possible and very useful to distinguish gender.

***So that we can compare data from site to site please list LENGTH OF SEINE NET, LENGTH OF SEINE PULL and TOTAL NUMBER OF fish caught PER SEINE. If you site used traps please note catches per trap. If your group would like to compute Catch Per Unit of Effort please see directions on back.***

***Length of seine net*** \_\_\_\_\_ ***Length of seine pull*** \_\_\_\_\_ ***Total number of fish in pull*** \_\_\_\_\_

***Total number of seines or catches you ran during your study period*** \_\_\_\_\_

Type of equipment used:

seine (list dimensions & mesh size) \_\_\_\_\_

eel pot \_\_\_\_\_ minnow trap \_\_\_\_\_ dip net \_\_\_\_\_ plankton net \_\_\_\_\_ other: \_\_\_\_\_

## FISH SPECIES CAUGHT

Use separate sheet for each seine OR note what was caught in each seine by noting seine #.

### FISHING METHOD:

TIME \_\_\_\_\_

Seine\_\_\_ Traps\_\_\_ Rod & Reel\_\_\_ Electro-Shocking\_\_\_ Trawl\_\_\_ Other (Explain)\_\_\_\_\_

Fish Species:	# of individuals:	Size of largest (unit)
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____
4. _____	_____	_____
5. _____	_____	_____
6. _____	_____	_____
7. _____	_____	_____
8. _____	_____	_____
9. _____	_____	_____
10. _____	_____	_____
11. _____	_____	_____
12. _____	_____	_____

Macroinvertebrates: For crabs please note type (blue, mud, Asian etc.) and sex (M/F)

**COLLECTION METHOD:** Seine\_\_\_ Kick Net\_\_\_ Trap\_\_\_ Eel Mop\_\_\_ Other (Explain) \_\_\_\_\_

1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____
5. _____	_____

**To Compute Catch Per Unit Equivalent (CPUE)** – Let's use a 50 ft. net for the example. Take length of net (50 ft.) X length of pull (example 7 yards X 3 = 21 ft.) then convert it to meters - 50 ft. X 21ft X 12 (for inches per foot) = total inches. Divide by 39.37 inches for inches in a meter = 320 meters. Then divide your catch by 320 to get catch per meter seined. This figure should be computed for each seine event.

*If you pull the net in just to close a circle the formula is: Net Length (ft.) \_\_\_ X 12 = total inches / 39.37 (inches in a meter) = \_\_\_\_ Then divide your catch by this number for your CPUE.*

Seine #\_\_\_ Time\_\_\_ Catch Total\_\_\_ Length of Pull\_\_\_ computed CPUE\_\_\_  
 Seine #\_\_\_ Time\_\_\_ Catch Total\_\_\_ Length of Pull\_\_\_ computed CPUE\_\_\_

## ***Hudson River Watershed Fish Fauna Checklist***

- |    |       |                                   |     |       |  |
|----|-------|-----------------------------------|-----|-------|--|
| 1  | _____ | lamprey, silver                   | 60  | _____ | dace, eastern blacknose (n)            |
| 2  | _____ | lamprey, American brook (n)       | 61  | _____ | dace, longnose (n)                     |
| 3  | _____ | lamprey, sea (n)                  | 62  | _____ | bitterling                             |
| 4  | _____ | shark ( <i>dusky shark?</i> ) (n) | 63  | _____ | rudd                                   |
| 5  | _____ | hammerhead shark, smooth (n)      | 64  | _____ | chub, creek (n)                        |
| 6  | _____ | dogfish, smooth (n)               | 65  | _____ | fallfish (n)                           |
| 7  | _____ | dogfish, spiny (n)                | 66  | _____ | sucker, longnose (n)                   |
| 8  | _____ | skate, little (n)                 | 67  | _____ | sucker, white (n)                      |
| 9  | _____ | skate, barndoor (n)               | 68  | _____ | sucker, summer (n)                     |
| 10 | _____ | stingray, bluntnose (n)           | 69  | _____ | chubsucker, creek (n)                  |
| 11 | _____ | sturgeon, shortnose (n)           | 70  | _____ | hog sucker, northern (n)               |
| 12 | _____ | sturgeon, lake (n)                | 71  | _____ | buffalo hybrid (black x smallmouth)    |
| 13 | _____ | sturgeon, Atlantic (n)            | 72  | _____ | redhorse, shorthead                    |
| 14 | _____ | gar, alligator                    | 73  | _____ | weatherfish, Oriental                  |
| 15 | _____ | gar, longnose                     | 74  | _____ | pirapitinga (red-bellied pacu)         |
| 16 | _____ | bowfin                            | 75  | _____ | catfish, white (n)                     |
| 17 | _____ | ladyfish (n)                      | 76  | _____ | bullhead, yellow (n)                   |
| 18 | _____ | bonefish (n)                      | 77  | _____ | bullhead, brown (n)                    |
| 19 | _____ | eel, American (n)                 | 78  | _____ | catfish, channel                       |
| 20 | _____ | worm eel, speckled (n)            | 79  | _____ | stonecat                               |
| 21 | _____ | eel, conger (n)                   | 80  | _____ | madtom, tadpole (n)                    |
| 22 | _____ | herring, blueback (n)             | 81  | _____ | madtom, margined (n)                   |
| 23 | _____ | shad, hickory (n)                 | 82  | _____ | madtom, brindled                       |
| 24 | _____ | alewife (n)                       | 83  | _____ | pickerel, redbfin (n)                  |
| 25 | _____ | shad, American (n)                | 84  | _____ | pike, northern (n)                     |
| 26 | _____ | menhaden, Atlantic (n)            |     |       | muskellunge, tiger ( <i>norlunge</i> ) |
| 27 | _____ | herring, Atlantic (n)             | 85  | _____ | pickerel, chain (n)                    |
| 28 | _____ | shad, gizzard                     | 86  | _____ | mudminnow, central                     |
| 29 | _____ | herring, round (n)                | 87  | _____ | mudminnow, eastern (n)                 |
| 30 | _____ | anchovy, striped (n)              | 88  | _____ | smelt, rainbow (n)                     |
| 31 | _____ | anchovy, bay (n)                  | 89  | _____ | herring, lake ( <i>cisco</i> ) (n)     |
| 32 | _____ | stoneroller, central              | 90  | _____ | whitefish, lake (n)                    |
| 33 | _____ | goldfish                          | 91  | _____ | trout, rainbow                         |
| 34 | _____ | dace, redbelt                     | 92  | _____ | kokanee ( <i>sockeye</i> )             |
| 35 | _____ | chub, lake (n)                    | 93  | _____ | salmon, chinook                        |
| 36 | _____ | carp, grass                       | 94  | _____ | whitefish, round (n)                   |
| 37 | _____ | shiner, satinfin (n)              | 95  | _____ | salmon, Atlantic (n)                   |
| 38 | _____ | shiner, spotfin                   | 96  | _____ | trout, brown                           |
| 39 | _____ | carp, common                      | 97  | _____ | trout, brook (n)                       |
|    |       | carp, mirror ( <i>var.</i> )      | 98  | _____ | trout, lake (n)                        |
|    |       | koi ( <i>var.</i> )               | 99  | _____ | lizardfish, inshore (n)                |
| 40 | _____ | minnow, cutlips (n)               | 100 | _____ | trout-perch (n)                        |
| 41 | _____ | minnow, brassy (n)                | 101 | _____ | rockling, fourbeard (n)                |
| 42 | _____ | minnow, eastern silvery (n)       | 102 | _____ | cod, Atlantic (n)                      |
| 43 | _____ | shiner, bridle (n)                | 103 | _____ | hake, silver ( <i>whiting</i> ) (n)    |
| 44 | _____ | shiner, ironcolor (n)             | 104 | _____ | tomcod, Atlantic (n)                   |
| 45 | _____ | shiner, common (n)                | 105 | _____ | pollock (n)                            |
| 46 | _____ | dace, pearl (n)                   | 106 | _____ | hake, red ( <i>ling</i> ) (n)          |
| 47 | _____ | chub, hornyhead                   | 107 | _____ | hake, spotted (n)                      |
| 48 | _____ | shiner, golden (n)                | 108 | _____ | hake, white (n)                        |
| 49 | _____ | shiner, comely (n)                | 109 | _____ | cusck-eel, striped (n)                 |
| 50 | _____ | shiner, emerald                   | 110 | _____ | toadfish, oyster (n)                   |
| 51 | _____ | shiner, blackchin                 | 111 | _____ | goosefish ( <i>anglerfish</i> ) (n)    |
| 52 | _____ | shiner, blacknose                 | 112 | _____ | needlefish, Atlantic (n)               |
| 53 | _____ | shiner, spottail (n)              | 113 | _____ | houndfish (n)                          |
| 54 | _____ | shiner, rosyface                  | 114 | _____ | minnow, sheepshead                     |
| 55 | _____ | shiner, sand                      | 115 | _____ | killifish, eastern banded (n)          |
| 56 | _____ | dace, northern redbelly (n)       | 116 | _____ | mummichog (n)                          |
| 57 | _____ | dace, finescale (n)               | 117 | _____ | killifish, striped (n)                 |
| 58 | _____ | minnow, bluntnose                 | 118 | _____ | killifish, spotfin (n)                 |
| 59 | _____ | minnow, fathead                   | 119 | _____ | mosquitofish, western                  |



120 \_\_\_\_\_ silverside, brook  
 121 \_\_\_\_\_ silverside, rough (n)  
 122 \_\_\_\_\_ silverside, inland (n)  
 123 \_\_\_\_\_ silverside, Atlantic (n)  
 124 \_\_\_\_\_ stickleback, fourspine (n)  
 125 \_\_\_\_\_ stickleback, brook (n)  
 126 \_\_\_\_\_ stickleback, threespine (n)  
 127 \_\_\_\_\_ stickleback, ninespine (n)  
 128 \_\_\_\_\_ cornetfish, bluespotted (n)  
 129 \_\_\_\_\_ seahorse, lined (n)  
 130 \_\_\_\_\_ pipefish, northern (n)  
 131 \_\_\_\_\_ gurnard, flying (n)  
 132 \_\_\_\_\_ sea robin, northern (n)  
 133 \_\_\_\_\_ sea robin, striped (n)  
 134 \_\_\_\_\_ sculpin, slimy (n)  
 135 \_\_\_\_\_ sea raven (n)  
 136 \_\_\_\_\_ grubby (n)  
 137 \_\_\_\_\_ sculpin, longhorn (n)  
 138 \_\_\_\_\_ lumpfish (n)  
 139 \_\_\_\_\_ seasnail, Atlantic (n)  
 140 \_\_\_\_\_ perch, white (n)  
 141 \_\_\_\_\_ bass, white  
 142 \_\_\_\_\_ bass, striped (n)  
 143 \_\_\_\_\_ sea bass, black (n)  
 144 \_\_\_\_\_ gag (*grouper*) (n)  
 145 \_\_\_\_\_ sunfish, mud (n)  
 146 \_\_\_\_\_ bass, rock  
 147 \_\_\_\_\_ sunfish, bluespotted (n)  
 148 \_\_\_\_\_ sunfish, banded (n)  
 149 \_\_\_\_\_ sunfish, redbreast (n)  
 150 \_\_\_\_\_ sunfish, green  
 151 \_\_\_\_\_ pumpkinseed (n)  
 152 \_\_\_\_\_ warmouth  
 153 \_\_\_\_\_ bluegill  
 154 \_\_\_\_\_ bass, smallmouth  
 155 \_\_\_\_\_ bass, largemouth (n)  
 156 \_\_\_\_\_ crappie, white  
 157 \_\_\_\_\_ crappie, black  
 158 \_\_\_\_\_ darter, greenside  
 159 \_\_\_\_\_ darter, rainbow  
 160 \_\_\_\_\_ darter, fantail  
 161 \_\_\_\_\_ darter, tessellated (n)  
 162 \_\_\_\_\_ perch, yellow (n)  
 163 \_\_\_\_\_ logperch, northern  
 164 \_\_\_\_\_ darter, shield  
 165 \_\_\_\_\_ walleye  
 166 \_\_\_\_\_ bigeye, short (n)  
 167 \_\_\_\_\_ bluefish (n)  
 168 \_\_\_\_\_ cobia (n)  
 169 \_\_\_\_\_ sharksucker, live (n)  
 170 \_\_\_\_\_ sharksucker, whitefin (n)  
 171 \_\_\_\_\_ jack, crevalle (n)  
 172 \_\_\_\_\_ scad, round (n)  
 173 \_\_\_\_\_ moonfish, Atlantic (n)  
 174 \_\_\_\_\_ lookdown (n)  
 175 \_\_\_\_\_ banded rudderfish (n)  
 176 \_\_\_\_\_ permit (n)  
 177 \_\_\_\_\_ schoolmaster (n)  
 178 \_\_\_\_\_ snapper, gray (*mangrove*) (n)

179 \_\_\_\_\_ mojarra, spotfin (n)  
 180 \_\_\_\_\_ pigfish (n)  
 181 \_\_\_\_\_ sheepshead (n)  
 182 \_\_\_\_\_ pinfish (n)  
 183 \_\_\_\_\_ scup (*porgy*) (n)  
 184 \_\_\_\_\_ drum, freshwater (*sheepshead*)  
 185 \_\_\_\_\_ perch, silver (n)  
 186 \_\_\_\_\_ weakfish (n)  
 187 \_\_\_\_\_ spot (*Lafayette*) (n)  
 188 \_\_\_\_\_ kingfish, northern (n)  
 189 \_\_\_\_\_ croaker, Atlantic (n)  
 190 \_\_\_\_\_ drum, black (n)  
 191 \_\_\_\_\_ butterflyfish, foureye (n)  
 192 \_\_\_\_\_ butterflyfish, spotfin (n)  
 193 \_\_\_\_\_ mullet, striped (n)  
 194 \_\_\_\_\_ mullet, white (n)  
 195 \_\_\_\_\_ sennet, northern (n)  
 196 \_\_\_\_\_ guaguanche (n)  
 197 \_\_\_\_\_ tautog (*blackfish*) (n)  
 198 \_\_\_\_\_ cunner (*bergall, chogy*) (n)  
 199 \_\_\_\_\_ gunnel, rock (n)  
 200 \_\_\_\_\_ sand lance, American (*sand eel*) (n)  
 201 \_\_\_\_\_ stargazer, northern (n)  
 202 \_\_\_\_\_ blenny, feather (n)  
 203 \_\_\_\_\_ blenny, freckled (n)  
 204 \_\_\_\_\_ skilletfish (n)  
 205 \_\_\_\_\_ sleeper, fat (n)  
 206 \_\_\_\_\_ goby, naked (n)  
 207 \_\_\_\_\_ goby, seaboard (n)  
 208 \_\_\_\_\_ goby, highfin (n)  
 209 \_\_\_\_\_ cutlassfish, Atlantic (n)  
 210 \_\_\_\_\_ mackerel, Atlantic (n)  
 211 \_\_\_\_\_ mackerel, Spanish (n)  
 212 \_\_\_\_\_ butterfish (n)  
 213 \_\_\_\_\_ snakehead, northern  
 214 \_\_\_\_\_ flounder, Gulf Stream (n)  
 215 \_\_\_\_\_ flounder, smallmouth (n)  
 216 \_\_\_\_\_ flounder, summer (*fluke*) (n)  
 217 \_\_\_\_\_ flounder, fourspot (n)  
 218 \_\_\_\_\_ windowpane (n)  
 219 \_\_\_\_\_ flounder, winter (n)  
 220 \_\_\_\_\_ flounder, yellowtail (n)  
 221 \_\_\_\_\_ tonguefish, northern (n)  
 222 \_\_\_\_\_ hogchoker (n)  
 223 \_\_\_\_\_ filefish, orange (n)  
 224 \_\_\_\_\_ filefish, planehead (n)  
 225 \_\_\_\_\_ burrfish, striped (n)  
 226 \_\_\_\_\_ puffer, smooth (n)  
 227 \_\_\_\_\_ puffer, northern (n)  
 228 \_\_\_\_\_ cowfish, scrawled (n)

(n) = Native Species (176 - 0.77)

Taxonomic diversity:

Class 4 Order 27

Families 78 Genera 162 Species 228

Tom Lake

NYSDEC Hudson River Estuary Naturalist

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May 21, 2018

## Activity X- Other Observations

### **1. Boating & Shipping.**

Should you see boats and large ships, tugs, or barges pass your site, note the following information if possible. We are mainly interested in shipping to show the working river, but information on how the river is being used is important also. If recreation use dominates the river we should note this as well.

Shipping Details: A loaded ship or barge is full of cargo, and rides lower in the water than a light - empty - vessel. Binoculars are helpful in gathering the information requested here. Note recreational ships if you like in order to note the different types of usage of the river.

Time	Type of ship <i>Recreational (R)</i> <i>Commercial (C)</i>	Name	Northbound Southbound/	light loaded/	cargo

### **2. Other items of interest.**

Feel free to record any other observations. This could include birds seen, items found on the beach, or any other things you find interesting

## Activity XI- Journaling & A Hudson River Almanac Entry

How do we learn about our natural environment? We **observe**.

Through this activity we are focusing on developing skills of observation that play such an important role in science and Earth systems. Direct observation and careful description helps us compare species, habitats and different geographical regions. Through journaling we hope to observe, record and better understand some of the relationships that exist in the natural world.

Students have a sheet for recording observations during the day. In addition to their personal observations, at the end of the day the space below can be used for drafting a Hudson River Almanac entry from each site, which will be submitted with your data (use additional paper as needed, but keep them to 4-6 sentences please). Sample entry:

**September 29 - Dobbs Ferry** - Our beach seine was filled with nearly 600 fish-snapper blues, white perch, a vast school of silverside, and several 4"-7" striped bass. Low flying monarchs passed in twos and threes, dipping within inches, brushing against us as they beat into strong southerlies. The students from Irvington were thrilled to be so close to so much loveliness. As they passed, the students called out the tally; they were moving past us at the rate of fifty an hour. Christopher Letts

### **Hudson River Almanac Entry**